

2022-2023 Intercollegiate Team Maneuvers Requirements



2022-2023	AXEL TYPE	SOLO SPIN	DANCE ELEMENT	COMBO	COMBINATION SPIN	SOLO JUMP	STEP SEQUENCE
LOW	Single Axel or Waltz-loop combo	Upright spin Optional free foot (at knee or crossed) May change feet NO fly, NO laybacks	Edge Element One short edge element. Not to exceed seven seconds.	Waltz jump – Euler – Single flip OR Waltz jump – Euler – Single Salchow	<u>Combination spin with no change of foot and at least one change of position.</u> NO fly NO change of foot	Single 1. Toe Loop 2. Loop 3. Salchow Number denotes competition number. NIF uses competition 1.	Utilizing full ice, pattern optional. Base mark on turn quality only.
INTERMEDIATE	Single Axel	Camel spin with change of foot Forward to backward or backward to forward FLY OK	Twizzle Sequence No more than 3 steps are allowed between twizzles.	Double/Single or Double/Double Order of jumps optional	Combination spin with only one change of foot and at least one change of position NO fly	Double 1. Loop 2. Flip 3. Toe Loop immediately preceded by connecting steps Number denotes competition number. NIF uses competition 1.	Utilizing full ice, pattern optional. Base mark on turn quality only.
HIGH	Single, Double, or Triple Axel	Flying spin in one position Position can be upright, camel, sit, layback No change of foot or change of position	Twizzle Sequence Must have a different entry edge and different direction for the 2 twizzles. No more than 3 steps are allowed between twizzles.	Double/Double, Triple/Double, OR Triple/Triple Order of jumps optional	Combination spin with only one change of foot and at least one change of position NO fly	Double or Triple 1. Flip 2. Lutz 3. Loop immediately preceded by connecting steps Number denotes competition number. NIF uses competition 1.	Utilizing full ice, pattern optional. Base mark on turn quality only.

Excessive connecting steps, intro, posing, or bowing is not allowed. Connecting steps will only be judged when required in element description.

If a team has one athlete perform more than three elements, subsequent elements performed by that athlete will receive **no value/score**.

If an athlete performs an element that is of greater difficulty, the athlete will receive **no value/score**.

Judges: errors are deemed “not according to requirements” and **no value/score** will be given for the performed element. Additionally, **deduct 0.1**